

Make the right choice

Treat minor issues at home

Sore throat, minor cuts and grazes, hangovers, headaches



Frimley Healthier Together app or website

Advice for unwell children: frimley-healthiertogether.nhs.uk



See a pharmacist

For medical advice or medicines for things like coughs, colds, tummy upset, rashes, aches and pains



Speak to your GP Practice

For a wide range of health services from persistent symptoms and ongoing conditions and examinations. They can also refer you to other NHS services.



Slough Urgent Care Centre

Open seven days a week, from 8am to 8pm for minor illnesses.

Call your local GP practice or 111 for an appointment.

A number of walk-in appointments available.

Located at Priors Close, Slough.

*Booking through your GP practice is strongly recommended. Patients will be prioritised by urgency.



NHS 111

Not sure where to go or what to do? Visit 111.nhs.uk or call 111



Local Minor Injuries Unit

Visit your local minor injuries unit for sprains and strains, suspected broken limbs, minor scalds and burns and head injuries



Mental health services

For urgent help for your mental health visit 111.nhs.uk or call 111



Download the NHS App to:

- order repeat prescriptions
- view your health record and NHS number
- get health advice
- view and manage vaccinations, book appointments



A&E is for serious or life threatening emergencies only